EverSleep Nightly Sleep Report

Device ID: 6392ce66006bb4e0
Recording started March 2nd, 2018
12:37 am - 7:26 am

SLEEP QUALITY:
- 06:49 Time in Bed
- 01:43 Total Wake Time
- 05:06 Total Sleep Time
- 00:37 Fragmented Sleep Time
- 01:10 Longest Quality Sleep
- 04:29 Total Quality Sleep

BREATHING INTERRUPTION:
- 20 Total Events
- 3 Events per Hour
- 99.1 High Oxygen
- 89.5 Low Oxygen
- 00:00 Time Below 88%
- 06:49 Time 90% - 100%
- 00:00 Time 80% - 90%
- 00:00 Time under 80%

PULSE RATE:
- 31 Total Events
- 5 Events Per Hour
- 95 High Pulse
- 56 Low Pulse
- 00:01 Time Above 90
- 00:42 Time 80 to 90
- 02:39 Time 70 to 80
- 03:26 Time 60 to 70
- 00:01 Time 50 to 60
- 00:00 Time 40 to 50
- 00:00 Time under 40

MOTION:
- 128 Total Events
- 19 Events Per Hour

SNORE:
- Coming soon

Diary Today: Demo #1

NOTE - EverSleep is not an FDA 510(k) device, and does not claim to diagnose, treat, or cure any disease. Check with your doctor before starting any health improvement program. Contact Support@GetEverSleep.com for more information.